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By Ann Trombley

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Any condition you are not used to riding in is a challenge. I have done most of my riding in northern California and Colorado. In Colorado, the trails are generally

**Serious Mountain Biking by Ann Trombley -**

About the Author. Ann Trombley works as an elite cycling coach to participants of all ages, abilities, and disciplines. She has been a mountain biker for 20 years and

**Ann Trombley (Author of Serious Mountain Biking) -**

Ann Trombley is the author of Serious Mountain Biking (4.00 avg rating, 6 ratings, 1 review, published 2005)

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