

**Yoga For Stuttering: Unifying The Voice, Breath, Mind &  
Body To Achieve Fluent Speech**

**By J.M. Balakrishnan**

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Yoga for Stuttering takes a fresh approach based on ancient methods.

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About Yoga for Stuttering. Stuttering, caused by a disorder in the brain's right hemisphere, can limit one's life in a variety of ways, from job choices and

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Yoga for Stuttering Unifying the Voice, Breath, Mind & Body to Achieve Fluent Speech and no prior knowledge of yoga is required. Yoga for Stuttering was created

**Josephine Balakrishnan (Author of Yoga for -**

Josephine Balakrishnan is the author of Yoga for Stuttering (2.00 avg rating, 1 rating, 0 reviews, published 2009)

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Balakrishnan, J. M. (2009). Yoga for Stuttering: Unifying the Voice, Breath, Mind et Body to Achieve Fluent Speech. Yoga: An alternative method in stuttering

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